

Structural Reflexology® Portsmouth, NH



Instructed by Geraldine Villeneuve
April 21 & 22, 2024

Location: Strawberry Banke Museum
14 Hancock Street,
Portsmouth, NH

Time: Sunday and Monday @ 8:30am to 5:30pm

What is Structural Reflexology®?

Trademarked in 2013 by Geraldine Villeneuve,

Structural Reflexology® is the practice of integrating foot reflexology with anatomy, physiology, and kinesiology by using local and reflexive methods to release stress and compensation in the entire body.

Structural Reflexology addresses tension sites on the feet as the product of local muscle and ligament strain while maintaining an understanding of how these sites of tension on the feet will impact the rest of the body.

Benefits of Structural Reflexology

- ✧ Improve foot joint articulation
- ✧ Improve weight bearing & balance
- ✧ Improve blood & nerve supply to the feet and body
- ✧ Relief of compensation in feet and body
- ✧ Relief of joint tension
- ✧ Increased strength and vitality in the feet and body.

Registration:

Name of Student: _____

Address: _____

City: _____

State: _____

Country: _____

Postal Code: _____

Phone: _____/_____/_____

Email: _____

Profession: _____

Professional Membership(s) _____

Course Tuition is [\\$540.00USD/\\$520.00](#) Early bird if paid by Feb 1, 2024

Payments by check may be addressed to:
Structural Reflexology, LLC
Mailed to 27 Saxon Hill Road, Essex, Vermont
05452

Or pay through Venmo:
<https://venmo.com/u/Geraldine-Villeneuve>

Geraldine Villeneuve
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Structural Reflexology® Practitioner
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Geraldine is the acclaimed Author of
[*Put Your Best Feet Forward*](#) and coming this December!
[*Free-Range Feet*](#)

*****Please print registration form
and return via email or postal mail.**

Continuing Education units available



Learning Objectives:

- Definition, purpose, and benefits of Structural Reflexology®.
- Identify bones and columns of the foot.
- Understand how feet support and move the body.
- Understand bodily reactions to joint tension in feet.
- Associate foot structure and function with reflex activity.
- Identify muscles that move the foot and their reflexive value.
- Learn three measurements of the foot.
- Ink Press reading.
- Structural Reflexology & passive foot mobilization sequence

