

# Structural Reflexology®



Instructor: Geraldine Villeneuve  
September 11-13, 2020  
Winnipeg, Manitoba, CANADA

## What is Structural Reflexology®?

Trademarked in 2013 by Geraldine Villeneuve,

**Structural Reflexology® is the practice of integrating foot reflexology with anatomy, physiology, and kinesiology by using local and reflexive methods to release stress and compensation in the entire body.**

**Structural Reflexology addresses tension sites on the feet as the product of local muscle and ligament strain while maintaining an understanding of how these sites of tension on the feet will impact the rest of the body.**

### Benefits of Structural Reflexology

- ✧ Improve foot joint articulation
- ✧ Improve weight bearing & balance
- ✧ Improve blood & nerve supply to the feet and body
- ✧ Relief of compensation in feet and body
- ✧ Relief of joint tension
- ✧ Increased strength and vitality in the feet and body.

## Registration:

Name of Student: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Country: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone: \_\_\_\_/\_\_\_\_/\_\_\_\_

Email: \_\_\_\_\_

Profession: \_\_\_\_\_

Professional Membership(s) \_\_\_\_\_

**Course Tuition is \$425.00 USD/395.00 Early bird if paid by May 1, 2020**

**Payments by check may be addressed to:**

**Structural Reflexology, LLC**

**Mail to: 27 Saxon Hill Road, Essex, Vermont 05452**

**PayPal :**

[https://paypal.me/GeraldineVilleneuve?locale.x=en\\_US](https://paypal.me/GeraldineVilleneuve?locale.x=en_US)

**Geraldine Villeneuve, BS, LMP, ABCR,**

**Structural Reflexology® practitioner**

**Author of Put Your Best Feet Forward**

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**\*\*\*Please print registration form and send via email or postal mail**

## Learning Objectives:

- Definition, purpose, and benefits of Structural Reflexology®
- List and identify bones and columns of the feet
- Foot movement and how the body is supported by the foot
- How the body reacts to joint tension in the feet
- Associate balance of the foot with reflex activity.
- List and identify muscles that move the foot
- Three measurements of the foot
- Ink Press reading
- Structural Reflexology sequence



Further inquiries can be made to:

**802-598-3545**