

Structural Reflexology®



Instructor: Geraldine Villeneuve
April 27 & 28, 2020
Portsmouth, NH

What is Structural Reflexology®?

Trademarked in 2013 by Geraldine Villeneuve,

Structural Reflexology® is the practice of integrating foot reflexology with anatomy, physiology, and kinesiology by using local and reflexive methods to release stress and compensation in the entire body.

Structural Reflexology addresses tension sites on the feet as the product of local muscle and ligament strain while maintaining an understanding of how these sites of tension on the feet will impact the rest of the body.

Benefits of Structural Reflexology

- ✧ Improve foot joint articulation
- ✧ Improve weight bearing & balance
- ✧ Improve blood & nerve supply to the feet and body
- ✧ Relief of compensation in feet and body
- ✧ Relief of joint tension
- ✧ Increased strength and vitality in the feet and body.

Registration:

Name of Student: _____

Address: _____

City: _____

State: _____

Country: _____

Postal Code: _____

Phone: ____/____/____

Email: _____

RAA member? Yes ____ No ____

Profession: _____

Professional Membership(s) _____

SPECIAL CONFERENCE RATE

Course Tuition is \$375.00 (Includes manual)

*\$350.00 for RAA conference members

Payment by check may be addressed to:

Structural Reflexology, LLC

**Mail to: 27 Saxon Hill Road, Essex, Vermont
05452**

Credit card payments:

Card Type: _____

Name on Card: _____

Card #: _____

Expiration date: _____

CCV#: _____

Zip code associated with this card: _____

Geraldine Villeneuve, BS, LMP, ABCR,

Structural Reflexology® practitioner

Author of Put Your Best Feet Forward

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structuralreflexology@gmail.com

*****Please print registration form
and send via email or postal mail**

Learning Objectives:

- Definition, purpose, and benefits of

Structural Reflexology®

- List and identify bones and columns of the
feet

- Foot movement and how the body is
supported by the foot

- How the body reacts to joint tension in the
feet

- Associate balance of the foot with reflex
activity.

- List and identify muscles that move the
foot

- Three measurements of the foot

- Ink Press reading

- Structural Reflexology sequence



**Further inquiries can be
made to:**

802-598-3545